



ALBUQUERQUE
LASER CENTER

HAIR REMOVAL POST-TREATMENT INSTRUCTIONS

1. Immediately after treatment, there should be redness and swelling of each hair follicle in the treatment site, which may last up to 2 hours, or longer. The redness may last up to 2 to 3 days. The treated area will feel like a sunburn for a few hours after treatment.
2. Your provider may use an optional cooling method after treatment to ensure your comfort.
3. A topical soothing skin care product such as aloe vera gel may be applied following treatment if desired.
4. Makeup may be used immediately after the treatment as long as the skin is not irritated.
5. **Avoid sun exposure to reduce the chance of darker or lighter pigmentation.**
6. Use a good UVA and UVB sunblock with a minimum of 5% zinc oxide at all times throughout the course of treatment.

Please see reverse side
for additional instructions.

7. **Do not use** any other hair removal treatment products or similar treatments (**waxing, electrolysis or tweezing**) that will disturb the hair follicle in the treatment area for 4 to 6 weeks after the laser treatment is performed. Shaving is the preferred method.

8. Within 10 to 21 days after the treatment, shedding of the treated hair may occur and this appears as new hair growth. This is **NOT** new hair growth. You can clean and remove the hair by washing or wiping the area with a wet cloth or loofa sponge.

9. After the underarms are treated, you may wish to use a powder instead of a deodorant for 24 hours after the treatment to reduce skin irritation.

10. There are no restrictions on bathing except to treat the skin gently, as if you had a sunburn, for the first 24 hours.

11. Return to the office or call for an appointment at the first sign of the return of hair growth. This may be within 4 to 6 weeks for the upper body and possibly as long as 2 to 3 months for the lower body. Hair re-growth occurs at different rates on different areas of the body. New hair growth will not occur for AT LEAST three weeks after treatment.

**Please call our office with any questions or concerns at
(505) 338-4038 or
after-hours emergencies only (505) 857-3999.**

Cancellation Policy: 24-hours advanced notice is required to cancel or reschedule an appointment. If an appointment is cancelled with less than 24-hours advanced notice, the missed appointment will be counted as one of the sessions in the skin care package. If the cancelled appointment is a single session treatment, a \$50 cancellation fee will be charged to the patient's account.